



Year 3: Autumn 1

Being Me in My World



Knowledge

- Understand that they are important.
- Know what a personal goal is
- Understanding what a challenge is.
- Know why rules are needed and how these relate to choices and consequences.
- Know that actions can affect others' feelings.
- Know that others may hold different views.
- Know that the school has a shared set of values.

Social and Emotional Skills

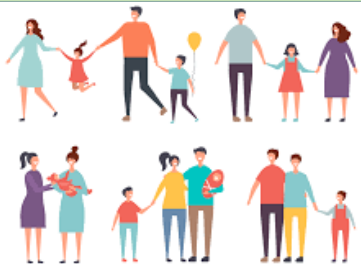
- Recognise self-worth.
- Identify personal strengths.
- Be able to set a personal goal.
- Recognise feelings of happiness, sadness, worry and fear in themselves and others.
- Make other people feel valued.
- Develop compassion and empathy for others.
- Be able to work collaboratively.

Question for Learning

What would your 'nightmare school' look, sound and feel like?
 What would your 'dream school' look, sound and feel like?
 What are emotions?
 Can you name some different ones?
 Can you give some examples of positive (helpful) choices that could lead to a reward?
 Why is making someone feel welcome an important skill?

Key Vocabulary

Welcome, Valued, Achievements, Proud, Pleased, Personal Goal, Praise, Acknowledge, Affirm, Emotions, Feelings, Nightmare, Fears, Worries, Solutions, Support, Rights, Responsibilities, Learning Charter, Dream, Behaviour, Rewards, Consequences, Actions, Fairness, Choices, Co-Operate, Group Dynamics, Team Work, View Point, Ideal School, Belong.





Year 3: Autumn 2

Celebrating Difference



Knowledge

- Know why families are important.
- Know that everybody's family is different.
- Know that sometimes family members don't get along and some reasons for this.
- Know that conflict is a normal part of relationships.
- Know what it means to be a witness to bullying and that a witness can make the situation worse or better by what they do.
- Know that some words are used in hurtful ways and that this can have consequences.

Social and Emotional Skills

- Be able to show appreciation for their families, parents and carers.
- Use the 'Solve it together' technique to calm and resolve conflicts with friends and family.
- Empathise with people who are bullied.
- Employ skills to support someone who is bullied.
- Be able to 'problem-solve' a bullying situation accessing appropriate support if necessary.
- Be able to recognise, accept and give compliments.
- Recognise feelings associated with receiving a compliment.

Question for Learning

What is the 'Solve it together' technique?
How can it help solve a disagreement between two people?
What is a bystander in a bullying situation? (A bystander is a witness not directly involved). How could a bystander make a bullying situation worse or better?
What types of bullying do you know about? Where can someone get help if they were being bullied or witnessed bullying? How does it feel to give and receive a compliment?
Can you explain how Calm Me time makes you feel?



Key Vocabulary

Family, Loving, Caring, Safe, Connected, Difference, Special, Conflict, Solve It Together, Solutions, Resolve, Witness, Bystander, Bullying, Gay, Unkind, Feelings, Tell, Consequences, Hurtful, Compliment, Unique.